

The Hawk's Eye

Weekly News from Hope Elementary School



Congrats to our Hope Hawks & Coach Payson — Busline Co-Ed Champs!

HES VOLUNTEER GROUP

We had our first family/staff volunteer meeting. We are excited to get started with fun activities and fundraising. We will be meeting the first Monday of each month from 6:30-7:30. All are welcome! The first event is Family Movie Night on December 16th. Stay tuned for more details.

Upcoming Events for Your Calendar

Oct. 28th - Fall NWEA testing window closes
 Nov. 2nd - Student Assembly
 Nov. 10th - Donuts & coffee for veterans (8:30-11:30AM - school parking lot)
 Nov. 11th - Veterans Day (No School)
 Nov. 14th - School Committee meeting with Restorative Practices info session (6PM)
 Nov. 15th - Book Talk for grades K-2
 Nov. 21st - 25th - Teacher workshop days & Thanksgiving Break (No School)
 Nov. 29th - Lifetouch re-take day and class photo day
 Dec. 2nd - End of first trimester
 Dec. 22nd - Early release (11:30AM) for students & staff
 Dec. 23rd - Jan. 2nd - Holiday break (No School)



"We spend so much time being afraid of failure, afraid of rejection. But regret is the thing we should fear most."

~Trevor Noah



Substitutes Wanted

HES is always in need of substitutes. If you are interested please contact the Superintendent's office at 763-3818.

Applications are available online: [School Union 69](#).



Busline League Basketball: Page 5

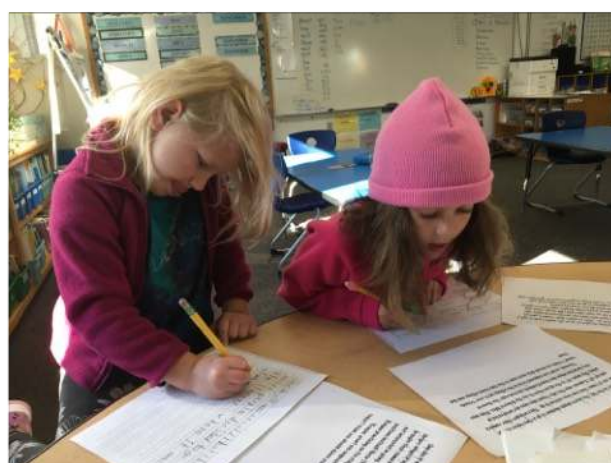
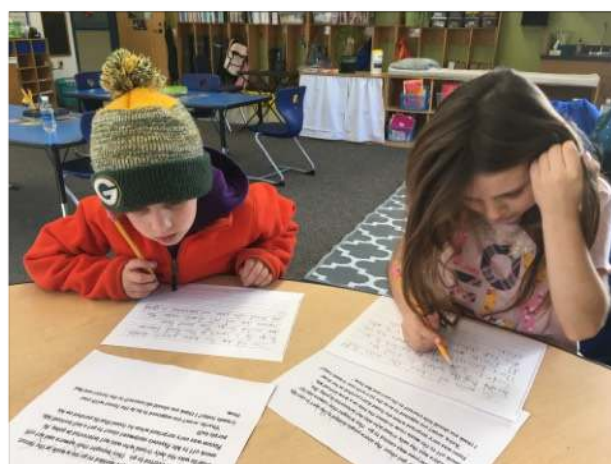
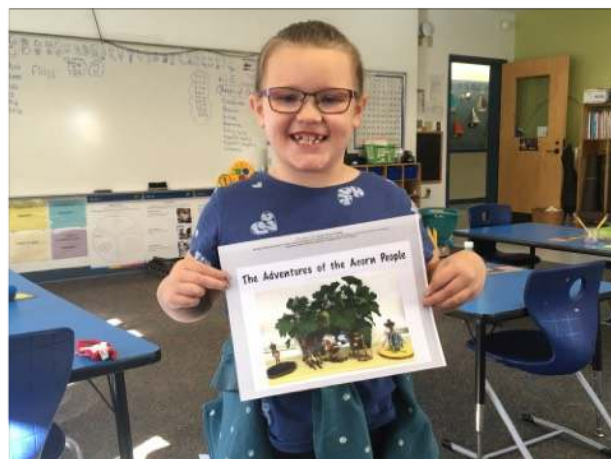


Let's GO Fivetowns Football! Jake, Nate, Judah, Alex, Kayden & James



First Grade

First graders are authors of a book they are calling, "Adventures of the Acorn People." They designed acorn people from forest materials and they took pictures of them in various places around school. The photographs will serve as the illustrations for their book.



Halloween Safety Tips

- S**tay in groups
- C**ostumes should be well fitting and flame resistant
- A**lways test makeup
- R**emember to look both ways when crossing streets
- E**xamine all treats before eating
- S**tay on sidewalks when possible
- A**void dark houses
- F**lashlights + glowsticks for visibility
- E**njoy with caution!

After-School Tabletop Adventure Sessions for Grades 6-8!



Students in 6th-8th grade have a new after school program to join this school year! The first set of Tabletop Adventure sessions for 6th-8th grade starts Friday, December 2nd from 1:45-3:15pm and meets biweekly until Friday, February 17th.

Students who are interested in storytelling, mystery, exploration, role playing, and creative writing are encouraged to join! Tabletop Adventures is a screen-free gaming program where students will experiment with different board games, tabletop games, and roleplaying games as a group. As students learn more about how these games are designed, we'll create characters together and start a longer campaign. Eventually, we'll start designing and writing our own games too!

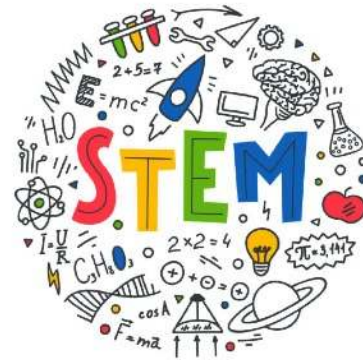
Families in 6th-8th grade should keep an eye out for a take-home letter and permission slip for students to fill out and return to Ms. Gluck. I look forward to seeing your student at Tabletop Adventures this winter!

Happy reading!

Ms. Gluck

Charlie.Gluck@fivetowns.net

After-School Stem Lab for Grades 3-5!



Students in 3rd-5th grade have a new after-school program to join this school year! The first set of STEM Lab sessions for 3rd-5th grade starts Wednesday, November 2nd from 2:45-3:45pm and meets biweekly until Wednesday, December 21st.

Students who are interested in construction, coding, science, and creative problem solving who would like to strengthen and test their skills are encouraged to join! STEM is an abbreviated term referring to Science, Technology, Engineering, and Math studies. STEM Lab's purpose is to encourage and deepen student curiosity in these subjects by presenting a series of building challenges that will take creativity and teamwork to complete. Students will use LEGOs, recycled materials, Scratch coding, and more to work towards a solution to their monthly building challenge.

Families in 3rd-5th grade should keep an eye out for a take-home letter and permission slip for students to fill out and return to Ms. Gluck. I look forward to seeing your student at STEM Lab this fall!

Happy reading!

Ms. Gluck

Charlie.Gluck@fivetowns.net

Hope Elementary School Menu



November 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Chicken Noodle Soup Fruit/Veggies/Milk B: Cereal	Popcorn Chicken & Potato Wedges B: Muffins & Cheese Stick	Pancakes & Sausage Fruit/Veggies/Milk B: Yogurt parfait	Cheese Pizza Fruit/Veggies/Milk B: Fruit Salad
7	8	9	10	11
Hot Dogs w/Chips Fruit/ Veggies/Milk B: Muffins & Cheese Stick	Macaroni & Cheese Fruit/Veggies/Milk B: Cereal	Spaghetti with Meat Sauce Fruit/Veggies/Milk B: Yogurt Parfait	Pepperoni Pizza Fruit/Veggies/Milk B: Fruit Salad	No School - Veterans Day
14	15	16	17	18
Ham Italian w/Chips Fruit/Veggies/Milk B: Muffins & Cheese Stick	Pepperoni Stromboli Fruit/Veggies/Milk B: Cereal	Cheeseburgers Fruit/Veggies/Milk B: Yogurt Parfait	Turkey Dinner w/Stuffing & Mashed Potatoes B: Fruit Salad	Cheese Pizza Fruit/Veggies/Milk B: Cereal Bars
21	22	23	24	25
No School	No School	No School	Happy Thanksgiving!	No School
28	29	30		
Crispy Chicken Sandwich Fruit/Veggies/Milk B: Cereal	American Chop Suey Fruit/Veggies/Milk B: Muffins & Cheese Stick	Popcorn Chicken w/Macaroni & Cheese B: Yogurt Parfait		

Student meals are free.

Milk without a meal is \$.40

Adult meal: \$4

Breakfast includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day.
Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider.

Payments should be made payable to:
Hope Elementary School
<https://k12paymentcenter.com>





Dear HES Family,

We are excited to announce that Busline League Basketball is now open for registration. The teams are currently open to students in 6th, 7th and 8th grades. Players must have a current physical form on file (no older than two years) to participate in practices and games. The physical form can be found [here](#). Parents must register through [this Google Form](#).

The season will not start until after Thanksgiving with our first game scheduled for December 5th and the last game of the regular season on January 21st. This is generally a five day a week program, Monday-Friday with two games per week. Games usually start at 3:45 PM. Girls will play first in 2022 and boys will play first in 2023. Students will take a bus to and from away games and will be brought back to HES. A final schedule will be coming soon.

We will be using TeamReach, a mobile team app for communication. All registered parents will be invited to join TeamReach. If you choose not to use TeamReach, let us know and we will find an alternate way to inform you of schedules, information, etc. A game schedule will also be posted on our website. Stay tuned.

We look forward to seeing you on the court!

Best,
Danielle Fagonde

<https://forms.gle/XVu2esNyCbkTwXdZ7>



Fly Five: The Social and Emotional Learning Curriculum

Greetings Parents/Guardians,

Every year your students learn new academic skills across four main content areas: math, English language arts, social studies, and science. These skills are explicitly taught and modeled by their teacher, practiced throughout the school year, and supported by homework and other home-based activities.

At Fly Five, we have built what we consider to be the fifth core curriculum. Joining the four main content areas, students will learn social and emotional skills using Fly Five's curriculum in much the same way they approach their academic learning. Social and emotional skills, like being open to differing cultures, learning how to assert yourself, and managing strong emotions, will be taught in short mini-lessons by their teacher. Students will then have opportunities to interact with their peers, engage, ask questions, and practice these skills in a safe classroom setting.

Research suggests that when social and emotional learning, commonly referred to as SEL, is present in a child's education, student motivation and engagement improve, negative behaviors such as bullying are reduced, and standardized test scores and academic performance also improve. Social and emotional learning, when embedded into daily instruction, leads to success in friendships, learning, play, work, relationships, and life in and out of school.

Below is an overview of three major components of the Fly Five SEL curriculum:

C.A.R.E.S.: At the heart of the Fly Five curriculum are five social and emotional competencies that guide every standard, every student objective, and every SEL skill your students will learn. Those competencies are: Cooperation, Assertiveness, Responsibility, Empathy, and Self-Control.

The Mindful Student: Fly Five's school-based mindfulness program. Each short mindfulness lesson empowers students to become more self-aware, feel better emotionally, cultivate self-compassion, and develop the tools to succeed in school.

The School-to-Home Connection Toolkit: A weekly newsletter and activity sheet that brings social and emotional learning into your home. The newsletter is filled with exciting, engaging activities that align with the week's theme and skill. Use these interactive structures to embed SEL lessons into dinner, bedtime, and weekend fun. Look for these newsletters in your email inbox or homework folders.

We are excited your students will be learning with Fly Five this year. Remember, actively working on social-emotional skills in the home increases students' opportunities to develop the competencies of cooperation, assertiveness, responsibility, empathy, and self-control. The more they can practice these skills in new and relevant situations, the stronger they will become, setting them up for success in the classroom and beyond.

Sincerely,
The Fly Five Team

www.flyfivesel.org
85 Avenue A, P.O. Box 718, Turners Falls, MA 01376-0718

HOPE ELEMENTARY SCHOOL
CAN & BOTTLE DRIVE

SAVE YOUR EMPTIES AND HELP
 SUPPORT THE 8TH-GRADE CLASS TRIP
 FUNDRAISING EFFORTS!

BAGGED ITEMS CAN BE DROPPED OFF IN THE
 BIN BEHIND THE HOPE ELEMENTARY SCHOOL.

THANK YOU
 FOR
 YOUR SUPPORT!



Camden Hills Regional High School
 Presents

MAMMA MIA!

Strom Auditorium • 25 Keelson Dr, Rockport
 November 4th, 5th, 11th, 12th at 7:00 PM
 November 6th, 13th at 2:00 PM

All Seats Reserved
<http://www.stromtix.com> | [tickets@fivetowns.net](https://tickets.fivetowns.net) | 207-236-7800 x3382

In advance	\$20 Floor	• \$15 Upper	• \$10 Senior or Student
At the door	\$25 Floor	• \$20 Upper	• \$10 Senior or Student



MAMMA MIA!
 Is presented through special arrangement with Musical Theatre International (MTI)
 All authorized performance materials are also supplied by MTI.
www.mtishows.com

WE NEED VOLUNTEERS



SOUND THE ALARM

JOIN US FOR A RECRUITMENT OPEN HOUSE
NOVEMBER 6TH 2:00PM

HOPE FIRE STATION | 475 CAMDEN RD.
207-542-2694 | HOPECHIEF@GMAIL.COM

DESTINATION IMAGINATION : **MAINE**

Start a DI Team!



What is DI?

Destination Imagination is a creative, team-focused, STEAM competition for K-12 and university students.

What is A Team Manager?

Be an integral part of this positive, lively competition. Team Managers are adult volunteers who guide a group of young learners through a creative journey.

No Experience Required Team Managers receive DI self-paced trainings and support from the Maine DI affiliate organization.

A program of the Reach Project @



Maine State DI Tournament

March 11th, 2023 • Hutchinson Center • Belfast, ME

Questions? Contact Emma Carey, ecarey@mmsa.org
Visit: mmsa.org/projects/destination-imagination



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CONFIDENCE ON AND OFF THE COURT

YOUTH BASKETBALL

VOLUNTEERS NEEDED!

The success of our youth sports programs rely on volunteers, coaches, and refs. If you are able to help out in any capacity, please contact Benjie Blake, Director of Sports & Camping, at 236-8201 or bblake@penbayymca.org.

FINANCIAL ASSISTANCE:

As always, we strive to provide programming where all are welcome and able to participate, regardless of age or income. Please contact the Y at 236-3375 with questions about financial assistance and details on how to apply.

REGISTER TODAY!

☆ Call - 207.236.3375

☆ Register online - visit penbayymca.org and click on the purple "register" button located on the home page.

CO-ED KINDERGARTEN CLINIC

November 9th - December 21 (6-Week Session)

Wednesdays: 5:00-6:00 PM

Introduction to basketball, through skills stations and age appropriate skill based games. Beginning to learn basketball lingo as well as developing a love for the game.

Location: Penobscot Bay YMCA Gymnasium

Instructor: Ryan Economy

Cost: \$45 - includes t-shirt!

GRADES 1 & 2

November 19 - January 28 (8-Week Session)

Saturday: Rotating 1 hour time slots between 9AM-1PM

Our 1st & 2nd grade basketball program is a co-ed development league that will place the emphasis on skill development, sportsmanship, and fair play. It is our goal for as many children as possible to have a positive experience, during their time in the 1st & 2nd grade basketball league. The first week will consist of a 1-hour clinic. Week 2 will be a full hour practice with their team. The remainder of the season will consist of each team having a 30 minute practice and 30 minute game.

Location: Penobscot Bay YMCA Gymnasium

Cost: \$45 - includes team t-shirt!

GRADES 3 & 4

November 14- February 11

Grades 3 & 4 will play in the Mid-Coast League which allow players to play different opponents and play in gyms from St. George to Rockport. Teams will be encouraged to work on skill development, fair play, teamwork, while having FUN! Each player will develop or fine tune their ball handling, shooting, passing, and defensive skills during practices and games.

Skill Assessment: Penobscot Bay YMCA

● **BOYS: Monday, November 14 @ 5:30-6:30 PM**

● **GIRLS: Tuesday, November 15 @ 5:30-6:30 PM**

Practice Schedule: Penobscot Bay YMCA & CRES (Days & Times TBA). Each team will have 2 (1 hour) practices each week.

Games: Saturdays

Cost: \$50 Member/Participant - includes team t-shirt!

GRADES 5 & 6

November 14- February 11

Grades 5 & 6 will play in the Mid-Coast League which allows players to play different opponents in gyms from St. George to Rockport. Coaches will focus on refining individual skills with an emphasis on team concepts needed for the next level of play.

Skill Assessment: Penobscot Bay YMCA

● **BOYS: Monday, November 14 @ 6:45-7:45 PM**

● **GIRLS: Tuesday, November 15 @ 6:45-7:45 PM**

Practice Schedule: Penobscot Bay YMCA & CRES (Days & Times TBA). Each team will have 2 (1 hour) practices each week.

Games: Saturdays (with the potential of Wednesday)

Cost: \$50 Member/Participant - includes team t-shirt!

PLEASE NOTE: Game schedules for the Grades 3/4 and 5/6 leagues will be published after registration and the skills assessment nights are complete and the number of teams from all participating communities are determined.

No games or practices will be held: December 24 or 31